



"I'm a big boy.
I can help."



Ahmed, Fatima, Ali, and Sara are a happy family.
They love their father and mother.
They wake up early in the morning.



Ahmed says: "I'm a big boy. I can help.
I can dress all by myself."



Fatima says: "I'm a big girl. I can help.
I can brush my teeth all by myself."



Sara says: "I'm a big girl. I can help.
I can feed the cat all by myself."



Fatima again says: "I'm a big girl. I can help.

I can help my mother.

I can set the table all by myself."



She says: "I'm a caring about plant.
I can water the plants all by myself."



Ali says: "I'm a big boy. I can help.
I can recycle all by myself."



Ali says: "I'm caring and I'm responsible.

I can help my mother.

I can arrange my toys all by myself."

Everone of them says: "I'm a big boy/girl.
I can help. I'm proud of myself."